

# Productive Mornings

The journey of 1,000 miles begins with a single step.

- Lao Tzu

→ MY **BIG** GOAL ←

MY GOAL FOR  
THIS WEEK

HOW CAN I USE MY MORNING TIME  
TO BEST HELP ME REACH MY GOAL?

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- Day 1
- Day 2
- Day 3
- Day 4
- Day 5
- Day 6
- Day 7

NOTES