

Productive Mornings

The journey of 1,000 miles begins with a single step.

- Lao Tzu

→ MY **BIG** GOAL ←

Finish novel by bookclub

MY GOAL FOR
THIS WEEK

Read 7 chapters

HOW CAN I USE MY MORNING TIME
TO BEST HELP ME REACH MY GOAL?

- ▶ Each morning, I'll spend _____
- ▶ 20 minutes reading one chapter _____
- ▶ _____
- ▶ _____
- ▶ _____
- ▶ _____

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

NOTES

New character, Sally introduced in chapter 3

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- ▼ _____
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- Day 1
- Day 2
- Day 3
- Day 4
- Day 5
- Day 6
- Day 7

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