



MEDICATION LOG

Keep track of your medicines on this handy chart. Share this information with your spouse or caregiver as well as your healthcare provider. Often medicines can be prescribed by different providers and they may not always know all of the things you are taking. Be sure to also include any supplements (herbs, vitamins, etc.).

NAME OF MEDICINE	WHAT IT DOES	DOSE	HOW TO TAKE	WHEN TO TAKE	NOTES